

THE GOOD LIFE: Don't Worry, Be Happy

Luke 12:22-34

I. Worry withholds your concerns from God.

1. Worry is irrational.
2. Worry has no benefit.
3. Worry denies God.

II. Faith gives your concerns to God.

1. Faith trusts God.
2. Faith builds relationship.
3. Faith gives purpose.

III. Trade your concerns for God's wants.

Next Steps

1. What do you worry about most often? Is there a particular time of day this happens most? Does your anxiety spike while watching the news on TV or online?
2. Which people around you are most impacted by your worries or anxiety...other than yourself?
3. Many of us have "father wounds." So, the thought of God being a good Father, one that will take care of us, be tender with us, and gladly love us is a painful and unrealistic thought. Would you write out your hesitations and doubts in a prayer toward God? Then ask Him to show you who He is as a good shepherd and good father?